



HOTEL MONTIBOLI



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"The natural power of marine elements"

We are increasingly aware of the importance of maintaining a physical and mental balance that helps us cope with the stress of routine. For this reason, the **Servigroup Montíboli** Hotel offers you a pleasant SPA & Wellness experience in an incomparable natural environment facing the sea.

Enjoy a health and well-being service, based on the properties of thalassotherapy, with the natural products of **Thalgo** Laboratories, the prestigious French Riviera *maison* known internationally for transferring the properties of the Mediterranean to your skin in an organic way.

THALGO
LA BEAUTÉ MARINE

SPA & Wellness

The pleasure of thalassotherapy. In our facilities facing the sea you will find the key to disconnection, benefiting from the natural properties of the waters.

- SPA CIRCUIT resident hotel guests..... 17€
- SPA CIRCUIT non-resident hotel guests..... 34€

(Steam bath, footbath, biothermal showers, recreational pool, jacuzzi and sauna in a natural environment a few steps from the beach)

OPENING TIMES: 11:00 a.m. - 8:00 p.m.

More information about our services and availability at **ext.9022**

Complete your experience by visiting our gym (free access for our guests)



Body treatments

The skin is the suit that will always accompany you. After analysing your tissue, our professionals will recommend the ideal treatment for your body with the exclusive benefits of **Thalgo's** natural products.

Relaxation and well-being:

INDIAN SEA RITUAL (100').....166€

Inspired by Ayurveda and the science of Marmas, it relaxes tension points linked to daily activity. Enjoy the nutritional power of red algae and indica essential oils.

WONDER RITUAL OF THE ARCTIC (100').....166€

Feel the magic of this ritual inspired by the Nordic philosophy of thermotherapy and discover the power of the contrast of heat and cold for relaxation.

PACIFIC ISLANDS RITUAL (90').....166€

A trip to the most beautiful islands in the Pacific in which you connect with the water under the rays of the sun. Enjoy the re-mineralizing power of Lagoon Seaweed seasoned by the soft aroma of Monoï in a moment of total disconnection.

JEWELS OF THE ATLANTIC RITUAL (90').....166€

Inspired by lithotherapy, enjoy the revitalizing power of Precious Seaweed impregnated with gold and stones marine to recharge your body with vital energy.

Corrective treatments:

BODY SCULPT (45').....73€

Firms and corrects cellulite in a single revitalizing treatment.

TIRED LEGS FRIGI (45').....60€

Get rested, light legs and a stylized silhouette.



Body treatments



Wraps with massage:

DECONTRACTING NATURAL MUD (60').....102€

100% natural wrap extracted on the shores of the Dead Sea, rich in trace elements that improve joints and relax muscles.

OMEGAS MARINO COLD (60').....102€

It repairs, replenishes and calms the skin thanks to the omegas extracted from marine oil and algae wax, achieving a silky skin effect.

Body peels:

ARCTIC SALT FLAKES (50').....79€

Our river of magnesium-based salts will rid your skin freeing the oxidized cells, remineralizing it, nourishing it and relaxing it.

GINGER PATÉ (50').....79€

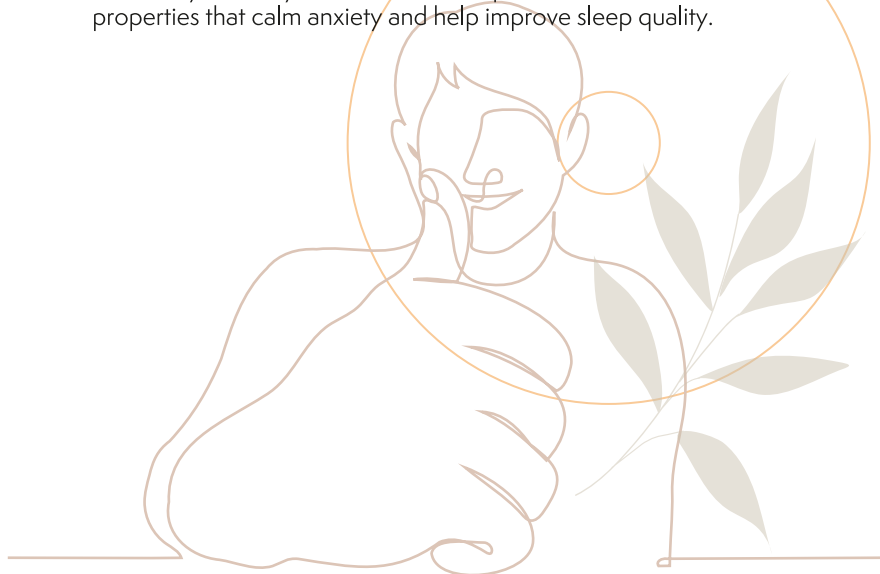
The ginger peel, inspired by traditional Indian Ayurveda, gently exfoliates the body, leaving the skin velvety and radiant.

GOMMAGE OF THE ISLANDS (50').....79€

Two-phase peeling with white Bora Bora sand, sea salt, oil and coconut shell that smoothes, softens, nourishes and comforts the skin in the Polynesian style.

WHITE QUARTZ AND PINK SAND (50').....79€

Exfoliate your body with an exclusive quartz-based cream with properties that calm anxiety and help improve sleep quality.





Massages

Relax the mind through the body. Our massages inspired by the technique and tradition, of the most exotic places in the world, will help you achieve well-being and balance with the best natural products from **Thalgo**.

Relax Montíboli (45').....89€

Exclusive relaxing massage especially for those who wish to disconnect from the routine and eliminate physical and mental tension.

Montíboli Deluxe (100').....150€

A facial and body care that will make you enjoy an exclusive experience of deep relaxation, leaving your skin radiant and your body in total harmony.

Around The World:

MONOÏ (50').....94€

Evocative oil from French Polynesia without a greasy finish that hydrates and nourishes the skin.

PRANA (50').....89€

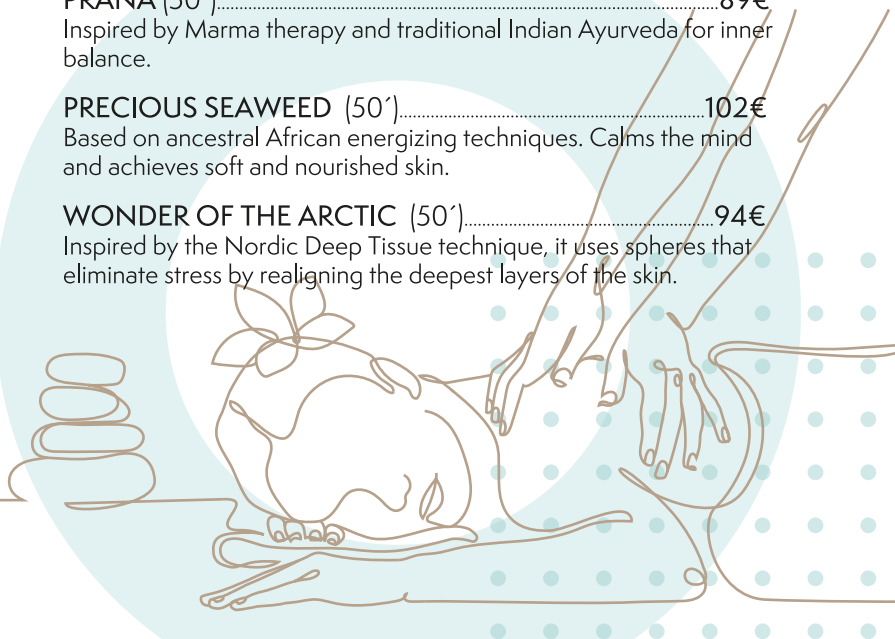
Inspired by Marma therapy and traditional Indian Ayurveda for inner balance.

PRECIOUS SEAWEED (50').....102€

Based on ancestral African energizing techniques. Calms the mind and achieves soft and nourished skin.

WONDER OF THE ARCTIC (50').....94€

Inspired by the Nordic Deep Tissue technique, it uses spheres that eliminate stress by realigning the deepest layers of the skin.



Facial treatments

Each skin is different. Let yourself be advised by our specialized staff who will provide you with the ritual that best suits your skin's needs, by using **Thalgo's** exclusive natural products.

For radiant skin:

ACTIVE HYGIENE (40').....68€
Oxygenates the skin deeply, eliminating impurities and toxins. Ideal as a pre step to advanced treatment.

Fundamental rituals:

SOIN HYDRA-VITAL RITUAL (55').....97€
Hydration bath rich in remineralizing marine active ingredients. La Sève Bleue des Océans is fused with micro-burst algae extract to hydrate the deepest layers of the skin.

SPIRULINE BOOST RITUAL (60').....97€
Marine shock plan to mitigate the effect of pollution on your skin and recover a fresh and rested complexion.

PURETÉ RITUAL (55').....97€
Rebalances combination and oily skin, combating aesthetic imperfections.

COLD CREAM MARINE RITUAL (55').....97€
High-precision repairing effect for sensitive skin with redness or lack of nutrition, based on marine extracts.

HIDRA- MEN RITUAL (55').....97€
Rehydrates and regenerates male skin, eliminating signs of day-to-day fatigue.

NUTRI-MEN RITUAL (60').....97€
Intensive anti-aging cure that covers the essential regeneration needs of male skin.

Intensive rituals:

SILICIUM SUPERLIFT (70').....141€
The most exclusive of our treatments. Correct the loss of firmness of the oval area and neck with lifting effect massage techniques for a total repair.